



Information on the humanitarian project offered for joint financing

<p>1. Name of the project: "To lead full life"</p>
<p>2. Term of implementation of the project: 2023 – 2024.</p>
<p>3. The organization – the applicant offering the project: Public institution "Territorial center of social service of the population of Lioznensky district"</p>
<p>4. Project purposes: increase in vital potential, improvement of citizens' health and improvement of the general psychological state of elderly people and disabled people of Lioznensky district (not less than 350 people) by the organization of occupations at school « Harmony of Life».</p>
<p>5. The tasks planned to performance within implementation of the project:</p> <ol style="list-style-type: none"> 1. To organize work of the mobile school "Harmony of Life" within 6 months for creation of the conditions promoting communication and maintenance of active lifestyle of elderly citizens and disabled people. 2. To organize regular rendering cultural and mass, improving and sports actions at «Harmony of Life school» through club activity: <ul style="list-style-type: none"> • Physical activity (club «Exciting to Be Healthy») • Psychological health (club « Help Yourself») • Creative potential (club «Colloquial Café») • Club « School of Safety” 3. Development of interaction and cooperation with media, public organizations and other services of

the area.

6. Target group: The elderly citizens, disabled people living in the territory of Lioznensky district.

1. The short description of actions within the project:

Within realization of a task No. 1 are planned:

1. The round table "To lead full life". Interdepartmental interaction of public associations and services of the area.
2. The order, acquisition, delivery of the equipment (the ladder caterpillar elevator for disabled people, a massage chair), transport (the car with the elevator for disabled people – wheelchair invalids) and furniture for mobile school "Harmony of Life".
3. Implementation of repair work in office of day stay for citizens of advanced age for work of Harmony of Life school.
4. Seminar training on training of specialists of the center for work with the mobile elevator.
5. Seminar training on training in the Scandinavian walking. Training of volunteers from among visiting offices of day stay for citizens of advanced age.
6. Ceremonial opening of mobile school "Harmony of Life":

- presentation of Life Accordions school
- opening of a creative drawing room
- master class in a peskoterapiya
- master class in the Scandinavian walking
- master class in respiratory gymnastics

Within realization of a task No. 2 are planned:

1. Sports contest "We are Together".
2. Trip around the holy sites of Belarus.
3. Adaptive tourism – outdoor recreations.
4. The exit concerts dated for festive dates.
5. Lecture hall "Safety and I".

Within realization of a task No. 3 are planned:

1. Work of the mobile exhibition "Think, Move, Live!"
2. Production and distribution of printed materials (leaflets, booklets)
3. Preparation and representation of materials about actions and subject of the project in the regional newspaper "Stsyag Peramogi"

8. The total amount of financing (in US dollars): 61270

Financing source Amount of financing	
(in US dollars)	
Means of the donor	38270
Joint financing	23000

8. Place of implementation of the project (area/area, city): Vitebsk region, of the item Liozno

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